

# EUROPEAN ATHLETICS U'23 CHAMPIONSHIPS

## BEST PERFORMANCES

as at 01 January 2005

### MEN

100 m	10.18 (w)	Angelos PAVLAKAKIS	76	GRE	Turku	11.07.97
	10.19	Christoforos CHOIDIS	78	GRE	Göteborg	30.07.99
	10.19	Ronald POGNON	82	FRA	Bydgoszcz	19.07.03
200 m	20.34	Chris LAMBERT	81	GBR	Bydgoszcz	20.07.03
400 m	45.04	Leslie DJHONE	81	FRA	Bydgoszcz	19.07.03
800 m	1:45.21	Nils SCHUMANN	78	GER	Göteborg	01.08.99
1500 m	3:38.94	Wolfram MÜLLER	81	GER	Amsterdam	14.07.01
5000 m	13:30.48	Youssef EL NASRI	79	ESP	Göteborg	01.08.99
10000 m	28:31.12	Rachid BERRADI	75	ITA	Turku	10.07.97
3000 m St	8:25.86	Martin PRÖLL	81	AUT	Bydgoszcz	19.07.03
110 m H	13.23	Ladji DOUCOURE	83	FRA	Bydgoszcz	20.07.03
400 m H	48.45	Marek PLAWGO	81	POL	Bydgoszcz	19.07.03
High Jump	2.36	Aleksander WALERIANCZYK	82	POL	Bydgoszcz	20.07.03
Pole Vault	5.93	Romain MESNIL	77	FRA	Göteborg	01.08.99
Long Jump	8.36	Yago LAMELA	77	ESP	Göteborg	01.08.99
Triple Jump	17.57	Dmitriy VALYUKEVICH	81	BLR	Bydgoszcz	19.07.03
Shot Put	20.43	Pavel LYZHIN	81	BLR	Bydgoszcz	20.07.03
Discus	63.85	Zoltan KOVAGO	79	HUN	Amsterdam	14.07.01
Hammer	80.88	Nicolas FIGERE	79	FRA	Amsterdam	15.07.01
Javelin	83.02	Harri HAATAINEN	78	FIN	Göteborg	31.07.99
Decathlon	8379	Attila ZSIVOTZKY	77	HUN	Göteborg	29/30.07.99
20 km Walk	1:19.58	Aigars FADEJEVS	75	LAT	Turku	10.07.97
4 x 100 m	38.96	National Team MALCOLM (79) - HENTHORN (77) - STEWART (79) - FINDLAY (78)		GBR	Göteborg	01.08.99
4 x 400 m	3:02.96	National Team DEBNAR-DAUMLER (77) - GOLLER (77) - SCHUMANN (78) - HOLZ (79)		GER	Göteborg	01.08.99

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### WOMEN

100 m	11.20	Manuela LEVORATO	77	ITA	Göteborg	29.07.99
200 m	22.57	Hana BENESOVA	75	CZE	Turku	13.07.97
400 m	50.85	Allison CURBISHLEY	76	GBR	Turku	12.07.97
800 m	1:59.87	Claudia GESELL	77	GER	Göteborg	30.07.99
1500 m	4:07.86	Lidia CHOJECKA	77	POL	Göteborg	31.07.99
5000 m	15:16.79	Elvan ABEYLEGESSE	82	TUR	Bydgoszcz	20.07.03
10000 m	32:37.59	Olivera JEVTIC	77	YUG	Göteborg	30.07.99
3000 m St	9:41.16	Lyubov IVANOVA	81	RUS	Bydgoszcz	19.07.03
100 m H	12.88	Susanna KALLUR	81	SWE	Bydgoszcz	20.07.03
400 m H	56.00	Natasha DANVERS	77	GBR	Göteborg	30.07.99
High Jump	1.98	Svetlana LAPINA	78	RUS	Göteborg	01.08.99
	1.98	Blanca VLASIC	83	CRO	Bydgoszcz	19.07.03
Pole Vault	4.65	Yelena ISINBAYEVA	82	RUS	Bydgoszcz	19.07.03
Long Jump	6.86	Carolina KLÜFT	83	SWE	Bydgoszcz	19.07.03
Triple Jump	14.70	Cristina NICOLAU	77	ROM	Göteborg	01.08.99
Shot Put	19.73	Nadezhda OSTAPCHUK	80	BLR	Amsterdam	12.07.01
Discus	59.30	Natalya FOKINA	82	UKR	Bydgoszcz	20.07.03
Hammer	71.38	Kamila SKOLIMOWSKA	82	POL	Bydgoszcz	20.07.03
Javelin	60.69	Nikolett SZABO	80	HUN	Amsterdam	12.07.01
Heptathlon	6279	Liga KLAVINA	80	LAT	Amsterdam	14/15.7.01
10 km Walk	43:33	Olga PANFYOROVA	77	RUS	Turku	10.07.97
20 km Walk	1:29.54	Elisa RIGAUDO	80	ITA	Amsterdam	15.07.01
4 x 100 m	43.39	National Team MAHOBAH (77) – HURTIS (79) – DIA (77) – DERUEL (77)		FRA	Göteborg	01.08.99
4 x 400 m	3:29.04	National Team LEVINA (77) – YEMELYANOVA (77) – GRISHAKOVA (78) – POSPELOVA (79)		RUS	Göteborg	01.08.99